

5:45-7:45 PM BUFFET DINNER

**Session 1: Hand
Moderator: Maria Cipollone, MD**

- 6:00-6:05 A Double-Blinded, Prospective Randomized, Controlled Trial Comparing Dexamethasone Versus Ketorolac Injection for the Treatment of Trigger Finger: A Pilot Study. **James Mullen, MD, Sergio Glait, MD, Kenneth Brock, MD, Nader Paksima, DO, MPH, Anthony Sapienza, MD.** NYU-Hospital for Joint Diseases.
- 6:05-6:10 Eliminating the C from CREST: A 10-Year Case Series. **Georges J. Samaha MD, Charles P. Melone, MD.** Mount Sinai Beth Israel.
- 6:10-6:15 Determining Optimal Treatment for the Superficialis Deficient Little Finger Requiring Amputation at the DIP Joint: A Cadaver Study. **Joshua Kirschenbaum, BS, Matthew Gluck, BS, Michael R. Hausman, MD.** Mount Sinai Medical Center.
- 6:15-6:20 The Prevalence of Stenosing Tenosynovitis Requiring Resection of the Ulnar Slip of the Flexor Digitorum Superficialis. **Omar F. Rahman MD, Remy V. Rabinovich, MD, Steven Beldner, MD, Michael Casden, BS, Daniel B. Polatsch, MD.** Lenox Hill Hospital.
- 6:20-6:25 Autologous Fat Transfer Decreases the Expression of IL-1B in an In Vitro Model of Basal Joint Osteoarthritis. **Christopher Larsen, MD, Brandon Alba, BA, Travis Doering, MD, Yen Chen, MD, Daniel Grande, PhD, Armen Kasabian, MD, Kate W. Nellans, MD, MPH, Lewis B. Lane, MD.** Northwell Health.
- 6:25-6:35 **Questions from Audience**

**Session 2: Wrist
Moderator: David V. Tuckman, MD**

- 6:35-6:40 How Close are the Volar Wrist Ligaments to the Distal Edge of the Pronator Quadratus? An Anatomic Study. **Liana J. Tedesco, MD Chia H. Wu, MD, MBA, Robert Strauch, MD.** Columbia University.
- 6:40-6:45 Acute Scaphoid Fracture Fixation Using Two Headless Compression Screws. **Eliseo V. DiPrinzio, MD, Amanda Walsh, MD, Andy L. Chang, MD, Michael R. Hausman, MD, Jaehon M. Kim, MD.** Mount Sinai Medical Center.
- 6:45-6:50 Thermal Debridement for Low-Grade Scapholunate Tears. **Brian Sager, MD, James A. McIntyre, BA, Gustavo Hernandez, BA, Anthony Sapienza, MD.** NYU-Hospital for Joint Diseases.
- 6:50-6:55 Can the Workplace Limitations Questionnaire Capture Short-Term Productivity Losses in Acute Distal Radius Fractures Treated with Cast Immobilization or Operative Fixation in the Working Population? **Isaac D. Gammal, MD, MBA, Gilbert Shi, BS, Kate W. Nellans, MD, MPH.** Northwell Health.
- 6:55-7:00 Extensor Pollicis Brevis Muscle Belly Incursion into the First Dorsal Compartment: An Anatomic Study. **Michael Aversano, MD, Anuj Bapodra, MS, Richard Hinds, MD, S. Steven Yang, MD, MPH.** NYU-Hospital for Joint Diseases.
- 7:00-7:05 Casting Position for Distal Radius Fractures Changes Radiocarpal Joint Forces. **Daniel A. London, MD, Matthew J. Gluck, BS, Joshua D. Kirschenbaum, BS, Michael R. Hausman, MD.** Mount Sinai Medical Center.
- 7:05-7:15 **Questions from Audience**
- 7:15-7:40 **Break: Visit Sponsors & View Posters**

**Session 3: Elbow and Nerve
Moderator: Jaehon M. Kim, MD**

- 7:40-7:45 Elbow Contracture Following Operative Fixation of Fractures About the Elbow. **Lauren Wessel, MD, Alex Gu, BSc, Shawn Richardson, MD, Duretti T. Fufa, MD, Daniel A. Osei, MD.** Hospital for Special Surgery.
- 7:45-7:50 The Transition of Total Elbow Arthroplasty into the Outpatient Theater. **Jordan B. Pasternack, MD, Adriano S. Martins, PhD, Jack Choueka, MD.** Maimonides Medical Center.
- 7:50-7:55 Efficient and Reliable Method of Radial and Ulnar Nerve Identification During the Posterior Approach to the Humerus: A Clinical and Cadaveric Correlation Study. **John Michael Yingling, DO, Richard S. Yoon, MD, Frank A. Liporace, MD.** Jersey City Medical Center/Robert Wood Johnson.
- 7:55-8:00 Distal Radius ORIF Increases the Incidence of Carpal Tunnel Syndrome. **Margaret E. Cooke, MD, Alex Gu, BS, Lauren E. Wessel, MD, Daniel A. Osei, MD, Duretti T. Fufa, MD.** Hospital for Special Surgery.
- 8:00-8:05 Validation of a Novel Rabbit Model of Compression Neuropathy in the Setting of Perineural Adhesion. **Neil V. Shah, MD, MS, Westley T. Hayes, MS, William Chin, PhD, John N. Carter, PhD, Adriano Martins, PhD, Steven M. Koehler, MD.** Downstate Medical Center.
- 8:05-8:15 **Questions from Audience**

Session 4: **Miscellaneous: Outcomes and Pain**
Moderator: Pamela M. Levine, MD

8:15-8:20 Readability and Suitability of Patient Reported Outcome Measures in Hand and Wrist Surgery: A Health Literacy Assessment. **Christina E. Freibott, BA, Seth C. Shoap BA, BS, Chia H. Wu, MD, Melvin P. Rosenwasser, MD.** Columbia University.

8:20-8:25 Effect of Combined Platelet-Rich Plasma and Mesenchymal Stem Cell-Derived Exosomes on Chondrocyte Gene Expression. **Travis A. Doering, MD, Eric V. Neufeld, BS, Benjamin C. Schaffler, BS, Kate W. Nellans, MD, MPH, Lewis B. Lane, MD, Daniel A. Grande.** Northwell Health.

8:25-8:30 Utilization and Impact of Social Media in Hand Surgeon Practices. **Garret Garofolo MD, Elan Golan, MD, Sheriff Akinleye, MD, Jack Choueka, MD.** Maimonides Medical Center.

8:30-8:35 Eliminating Opioid Use for Postoperative Pain Management Following Soft Tissue Surgery Produces Acceptable Outcomes When Performed Using Postoperative Wide Awake Local Anesthesia No Tourniquet (WALANT). **David Choueka, BA, Neil V. Shah, MD, MS, Frank S. Cautela, BS, Jared M. Newman, MD, Colin M. White, Steven M. Koehler MD.** Downstate Medical Center.

8:35-8:40 Patient Education on Postoperative Pain Management Decreases Postoperative Opioid Use After Hand Surgery: A Randomized Controlled Trial. **Jeffrey G. Stepan, MD, MSc, Hayley A. Sacks, BA, Claire I Verret, BA, Lauren E. Wessel, MD, Kanupriya Kumar, MD, Duretti T. Fufa, MD.** Hospital for Special Surgery.

8:40-8:50 **Questions from Audience**

9:00 Awards Ceremony

The New York Society for Surgery of the Hand

Jack Choueka, MD
President

John Capo, MD
President-Elect

Dan Polatsch, MD
Vice President

Nader Paskima, DO, MPH
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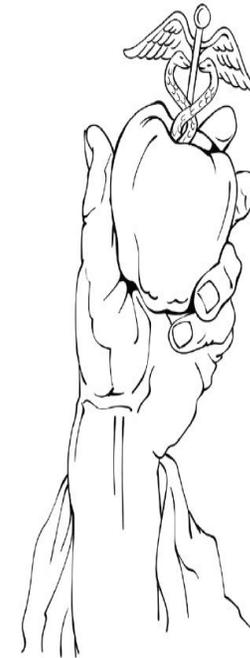
Richard S. Gilbert, MD, Chair

Maria Cipollone, MD

Jaehon M. Kim, MD

Pamela M. Levine, MD

David V. Tuckman, MD



The New York Society for Surgery of the Hand

Residents and Fellow Night

*Tuesday May 7, 2019
5:45pm*

*NYU Science Building
435 East 30th Street
New York, NY 10016*

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